



FOODSERVICE CATALOGUE

Code	Product name	Weight per portion	Suggested Portions/ Tray
Greek Recipes			
	Chicken Soup	2400gr	5
	Veal Soup	2400gr	5
	Greek Chickpea Soup	2400gr	6
	Lentil Soup	2400gr	6
	Traditional Greek Soup With Dried Beans	2400gr	6
Fish - Sea Food			
	Fried Cod	1000gr	6
	Cod With Tomato & Ozyo	1200gr	6
	Cod With Leek & Fennel	1200gr	6
	Baked Cod With Tomato Sauce	1200gr	6
	Cod A La Spetsiota	1200gr	6
	Galeos (Tope) With Oil & Lemon Sauce	1100gr	6
	Octopus With Pasta & Tomato Sauce	2100gr	6
	Orzo With Shrimps	2100gr	6
	Cuttlefish With Spinach	2100gr	6
Poultry			
	Grilled Turkey Fillet	2500gr	10
	Chicken Balls With Tomato Sauce	2400gr	9
	Sweet And Sour Chicken	2400gr	10
	Chicken With Curry	2400gr	10
	Chicken Cacciatore	2400gr	10
	Braised Chicken in Tomato Sauce	2400gr	10
	Mexican Chicken	2400gr	10
	Mediterranean Chicken	2400gr	10
	Oven Baked Chicken Leg	2400gr	10
	Grilled Chicken	2200gr	10
	Oven Baked Chicken	1200gr	4
	Chicken Burger With Tomato	1140gr	6
Veal			
	Grilled Meatballs	2200gr	12
	Greek Meatballs With Tomato Sauce	2400gr	8
	Greek Veal With Orzo Pasta & Tomato Sauce	2400gr	12
	Braised Veal With Tomato Sauce	2400gr	12
	Braised Veal With Lemon Sauce	2400gr	12
	Braised Veal With Mushrooms	2400gr	12
	Braised Veal With Garlic	2400gr	12
	Mexican Veal	2400gr	12
	Sofrito Veal	2400gr	12
	Stifado (Veal Stew)	2400gr	12
Pork			
	Pork Scallops	2200gr	8
	Sweet And Sour Pork	2400gr	12
	Pork With Lemon Sauce	2400gr	12

	Pork With Mushrooms	2400gr	12
	Pork With Sauce With 3 Peppers	2400gr	12
	Pork With Tomato Sauce	2400gr	12
	Mexican Pork	2400gr	12
	Braised Pork	2400gr	12
	Spicy Pork	2400gr	12
Meals With Minced Meat			
	Traditional Greek Meatballs Soup In Egg-Lemon Sauce	2400gr	6
	Stuffed Zucchini With Egg-Lemon Sauce	2000gr	5
	Stuffed Cabbage Rolls With Yoghurt Sauce	2400gr	6
	Baked Stuffed Eggplants With Minced Meat & Bechamel Sauce	2400gr	6
	Moussaka	2400gr	6
	Grilled Burger	1600gr	10
	Pastitsio	2400gr	6
	Braised Soutzoukakia (Greek Spicy Meatballs In Tomato Sauce)	2100gr	9
Traditional Recipes			
	Artichokes A La Polita With Potatoes & Vegetables	2400gr	7
	Peas With Carrots & Potatoes	2400gr	7
	Rice Stuffed Tomatoes And Peppers With	2000gr	6
	Baked Gigantes Beans	2400gr	6
	Gumbo With Tomato Sauce	2400gr	7
	Briam (Baked Vegetables With Tomato Sauce)	2100gr	6
	Spinach Rice	2450gr	7
	Green Beans And Potatoes In Tomato Sauce	2400gr	6
Side Dish			
	Steamed Vegetables & Broccoli	2400gr	12
	Orzo Pasta	2000gr	10
	Penne Pasta	2000gr	10
	Rigatoni Pasta	2000gr	10
	Spaghetti	2000gr	10
	Spaghetti With Vegetables	2400gr	6
	Farfalle Pasta	2000gr	10
	Boiled Potatoes With Butter	2400gr	12
	Oven Baked Potatoes	2400gr	12
	Hasapa Potatoes	2400gr	12
	Mashed Potatoes	2400gr	12
	Risotto With Vegetables	2400gr	12
	Rice With Lemon Aroma	2400gr	12
	Creole Rice	2400gr	12
	Rice With Vegetables	2400gr	12
	Basmati Rice	2400gr	12
	Carbonara Sauce	2400gr	16
	Bolognese Sauce	2400gr	16
	Napolitana Sauce	2400gr	16
	Steamed Green Beans	1200gr	6
	Grilled Vegetables	2000gr	10
Salads			
	Beluga Lentils salad with Florina pepper	2400gr	12
	Giant Baked beans (gigantes) salad	2400gr	12
	Grandmas Hummus salad	2400gr	12
	Gourmet Santorini Fava salad	2400gr	12